MAP & GUIDE

NIANTIC
CONNECTICUT

COME SPEND THE DAY BY THE BAY

NIANTICMAINSTREET.ORG

Niantic Main Street
EAST LYME CONNECTICUT

McCOOK POINT PARK BANDSHELL

Free Family Fun Shows

at McCook Point Park Bandshell

Join East Lyme Parks & Recreation on Tuesdays for some free family fun at the McCook Point Park Bandshell, June 20 - August 8 from 7 to 7:45 p.m.

No show on July 4. In case of rain, call 860-739-6926 ex. 2.

June 20: Ed Popielarczyk's Comedic Magic Show
June 27: Steve Elci and Friends:
Interactive Live Music for Kids
July 11: Austin Dailey's Dance Party
July 18: Jester Jim's Comedic Juggling Show
*July 25: Judi Jones: Dancing with Hoops
*Aug 1: Denison Pequotsepos Nature Center presents Birds of Prey. Meet some large birds!
Aug 8: Mr. Magic

**Event takes place at McCook Beach, not the Bandshell.*

McCOOK CONCERT

McCook Summer Concert Series

The music will be flowing through the park once again this summer! Attendees are encouraged to bring lawn chairs, blankets, food and beverages.
No alcohol permitted.

Parking passes are not needed to enter the park beginning at 5pm on concert evenings.

Wednesdays 6 – 8pm

AT McCOOK POINT PARK BEACH
June 21: Second Chance
June 28: Andre Eddie and Friends
July 5: Caribbean Vibes Steel Drum
July 12: Bootleg Harmony
July 19: Old Lyme Town Band
July 26: Boathouse Blues Band
Aug 2: Roy Dunn Maclean
Aug 9: Azalea Drive
Aug 16: 5 Bean Row
Aug 23: Dr. G. and the Believers
Aug 30: Luke and Mike

Fridays 7 – 9pm

AT THE McCOOK POINT PARK BANDSHELL
June 23: Fusion *Sponsored by EL Public Trust*
June 30: Branded
July 7: Jamies Junk Show
*July 15: East Lyme All-Star Band *(Celebrate East Lyme)*
July 21: Katie Perkins
July 28: MassConn Fusion
Aug 4: Rusty Nuts
Aug 11: American Honey
Aug 18: Eric Lichter
Sponsored by Levine Insurance (7-10PM)
Aug 25: DizzyFish
Sept 1: Time and Changes Orchestra *(5-7PM)*

**Special Saturday Concert*

Celebrate East Lyme Day

July 15 3 – 9pm

MAIN STREET & McCOOK POINT PARK
East Lyme's biggest celebration. Niantic's Main Street transforms into a spectacular celebration of seaside events, food, fun, live music and fabulous activities for the family. This one-day outdoor festival will showcase all things local throughout Niantic with a Street Bazaar, Sandcastle Competition *(see below)* and will be capped by a fireworks display over Niantic Bay. Sponsored by Dominion.

Sandcastle & Sculpture Competition

JULY 15 • 9 – 11AM
May the best sandcastle/sculpture win! Competition is a battle of the creative. Participants go shovel to shovel at Hole-in-the-Wall Beach to take first place. Prizes are awarded to the top three sculptures as well as a judges' pick. Free to enter. Pre-registration required by July 13.
eltownhall.com

CELEBRATE EAST LYME DAY

Niantic Farmers Market

THURSDAYS, JUNE 15 TO OCT 12

3 – 6PM • METHODIST STREET
Come celebrate the beauty of fresh by the bay and then stay for the day! Shop small at the 13th season of the Niantic Farmers Market. The market features local vendors who fill the market space with an array of fresh and local produce, seafood, cheese, breads, plants, herbs, cupcakes coffee, fresh-filled cannolis and much, much more.
nianticfarmersmarket.com

NIANTIC MAIN STREET CAR CRUISE

Niantic Main Street Car Cruise

JUNE 16 • 4-7PM • ST. JOHN'S GREEN
Come and play by the bay with an evening filled with vintage and classic cars on St. John's Green! Car entry fee is a non-perishable food donation for The Shoreline Soup Kitchens. No advance reservations. Prizes awarded. nianticmainstreet.org

NIANTIC LION'S 62ND ANNUAL

Niantic Outdoor Arts & Craft Show

JULY 1 – 2 • EAST LYME TOWN HALL
This free Niantic tradition features more than 160 artists and artisans plus a food court filled with New England favorites. Free parking and shuttle buses will be available at designated parking areas. Sat: 10am-5pm. Sun: 10-4pm. nianticlions.org

ST. JOHN'S

Carnival on the Green

JULY 14 – 16 • ST. JOHN'S GREEN
Come one, come all and enjoy games, rides and treats on St. John's Green. Held in conjunction with the Celebrate East Lyme Day festivities. Sponsored by Saint John's Episcopal Church. Fri: 6-10pm. Sat: 3-10pm. Sun: 12-5pm.

EAST LYME REGIONAL THEATER'S

The Addams Family: A Musical Comedy

JULY 20 – AUG 6 • NIANTIC BAY PLAYHOUSE
A comical feast that embraces the wackiness in every family, features an original story and it's every father's nightmare: Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family– a man her parents have never met. Tickets, dates & times at nianticbayplayhouse.org.

THEATER UNDER THE SHELL

Philip King's See How They Run

JULY 29 – AUG 3 & AUG 5 – 6 • 6PM
McCOOK POINT PARK BANDSHELL
Theater returns to the Bandshell for the 7th season. Directed by Joyce Beauvais, this play (set in 1944) has a madcap plot which revolves around five vicars, Miss Skillon the busy-body battleaxe, the vicar's actress wife, an escaped German prisoner-of-war, and Ida the maid who is not as dim as she seems... Admission $20 donation.

NIANTIC OUTDOOR ARTS & CRAFT SHOW

Fall & Winter Events

MIRACLE LEAGUE OF SOUTHEASTERN CT'S

Niantic Bay Oyster Festival

SEPT 23 • 12 – 6PM • ST. JOHN'S GREEN

Let your stomach lead the way as you enjoy local oyster vendors, a variety of food vendors and beer from local breweries. Plus live music and a kids corner! Admission to the festival is free. 100% of the Oyster Festival proceeds will go to The Miracle League of Southeastern Connecticut. nianticoysterfestival.com

Southeastern CT Out of the Darkness Walk

SEPT 30 • 10AM

McCOOK POINT PARK & NIANTIC BOARDWALK

Walk the Niantic Bay Boardwalk and help be a voice for suicide awareness and prevention. Register a team, come out to show your support or donate at afsp.org.

NIANTIC MAIN STREET'S

Niantic Artisan & Vintage Market

SEPT 30 • 10AM – 4PM • DOWNTOWN NIANTIC

Head to Niantic for a village-wide vintage market featuring local artists and artisans, handcrafted and vintage treasures. Enjoy specials in the downtown shops, food trucks and a Vintage Car Show on the Liberty Green. nianticmainstreet.org

NIANTIC BAY OYSTER FESTIVAL

Blessing of the Animals

OCT 1 • 12 – 1PM • ST. JOHN'S GREEN

All are welcome to bring their pets to receive a blessing. Free, donations welcome.

Walk of Horror

OCT 6–8 • 7 – 9:45PM

EAST LYME COMMUNITY CENTER • 41 SOCIETY ROAD

Annual haunted trail. Admission $5. Proceeds to benefit the East Lyme Police Cadets. eastlymepolicecadets.org

EAST LYME REGIONAL THEATER'S

Steel Magnolias

OCT 20 – NOV 6 • NIANTIC BAY PLAYHOUSE

Follow the trials and tribulations of six fierce and sassy women as they set the world to rights in their small-town bustling beauty salon. Tickets, dates & times at nianticbayplayhouse.org.

NIANTIC MAIN STREET'S

Niantic Holiday Stroll

NOV 25 • 3 – 7PM • DOWNTOWN NIANTIC

Celebrate Small Business Saturday with an evening of shopping specials, holiday activities, trolley rides, elf trail & more. Santa arrives at 5pm! nianticmainstreet.org

EAST LYME REGIONAL THEATER'S

A Christmas Carol

DEC 1 – 17 • NIANTIC BAY PLAYHOUSE

Full of magic, music & more! Join the ghosts of Christmas Past, Present and Future as they lead the miserly Ebenezer Scrooge on a journey of transformation and redemption. Tickets, dates & times at nianticbayplayhouse.org.

Niantic Jingle Bell 5k

DEC 9 • 10AM • McCOOK POINT PARK

A festive, fun, flat and fast 5K. Come dressed in your "Holiday Best" as you may win a prize for the Best Festive Costume! Proceeds to benefit the Brian Dagle Foundation. nianticjinglebell5k.itsyourrace.com

NIANTIC LIGHT PARADE

Niantic Light Parade

DEC 9 • 6PM • DOWNTOWN NIANTIC
Come be dazzled by the largest and longest running light parade in New England. Sponsored by Dominion. eltownhall.com

Countdown to Noon

NEW YEAR'S EVE, DEC 31 • 10AM-2PM
EAST LYME COMMUNITY CENTER
37 SOCIETY ROAD, NIANTIC
Join the Niantic Children's Museum and East Lyme Parks & Rec as they ring in the New Year early with a 300+ balloon drop at noon! Tickets required. niantickids.org

Save the Dates

Niantic Winter Farmers Market
SUNDAYS, JAN 6 - MARCH 23, 2024

Restaurant Week MARCH 2-10, 2024

Niantic Bay Boardwalk 5K
APRIL 20, 2024

Niantic Artisan & Vintage Market MAY 2024

Attractions & Entertainment

Black Hawk
Cini Park, Niantic
860-448-3662
blackhawksportfishing.com
Party boat fishing at its finest. Fishing trips, sunset cruises, seal watches and more. Join us!

Book Barn
41 West Main Street, Niantic
860-739-5715

Book Barn Chapter 3
55 West Main Street, Niantic
860-739-0277

Book Barn Downtown
269 Main Street, Niantic
860-691-8078
bookbarnniantic.com
The largest used book store in Connecticut! Come in and browse 1,000s of book titles in one of their three cozy shops.

Brookside Farm Museum
33 Society Road, Niantic
860-739-0761
brooksidefarmmuseum.com
Visit this 1845 Greek Revival Style Farmhouse and see what it was like to live on a dairy farm in the late 19th and early 20th century.

The Miracle League of Southeastern CT
169 Boston Post Road, East Lyme
miracleleaguesect.org
Sports field designed for children with cognitive and physical challenges. Offers a variety of sports programs and special events.

Niantic Bay Playhouse
279 Main Street, Niantic
860-850-5072
nianticbayplayhouse.org
A new playhouse featuring the best in live entertainment. including theater, music, cabaret and more!

Niantic Children's Museum
409 Main Street, Niantic
860-691-1111 • niantickids.org
Interactive, hands-on, educational Museum where children 9 months to 9 years can let their imaginations soar.

Pinspiration
15 Chesterfield Road, East Lyme
860-850-4138
pinspiration.com/eastlyme
DIY arts and crafts studio with a splatter room. Lots of crafts, painting and fun!

Samuel Smith Farmstead
82 Plants Dam Road, East Lyme
samuelsmithfarmstead.org
An outstanding example of a Connecticut colonial-era homestead on the National Register of Historic Places.

Tartan II
Cini Park, Niantic
860-442-6375
tartaniifishing.com
Public and private fishing trips offered daily from Memorial Day to Veterans Day.

Thomas Lee House & Museum
228 West Main Street, Niantic
eastlymehistoricalsociety.org
One of the oldest wood frame houses in Connecticut in its primitive state.

Beauty, Health & Relaxation

Bay Styles
30 Pennsylvania Avenue, Niantic
860-691-8377
baystyles.net
Services include foil highlights, color and cuts. Carries Aveda products.

Drift Med Spa + Shoppe
301 Main Street, Niantic
860-850-5037
driftniantic.com
Niantic's newest & only medical grade skincare shoppe + med spa!

Grota Solna Salt Cave
14 Pennsylvania Avenue, Niantic
860-389-8476
grotasolnasaltcave.com
Come shop or relax and breathe easy in our world-class Himalayan salt cave, spa & retail boutique.

Grounded Therapy & Coaching
314 Flanders Road, East Lyme
860-629-0029
groundedtherapist.com
Helping women break through cycles of anxiety, shame, perfectionism & fear of failure.

The Mix
"Purposefully Undefined" Art, Beauty + Wellness Collaborative
277 Main Street, Niantic
860-662-9684
themixniantic.com
Collaborative of art, beauty + wellness services. Events, classes + networking opportunities.

Niantic Yoga Studio
413 Main Street, Niantic
860-514-4093
nianticyoga.com
Offers yoga, meditation and soul-inspiring community for all abilities, bodies and backgrounds.

Stels Beauty Wellness & Med Spa
22 Pennsylvania Avenue
860-451-8098
stels-beauty.com
One-stop shop med spa and wellness center for both men and women.

Therapeutic Touch Massage Therapy
321 Main Street, Niantic
860-941-6343
ttmtniantic.com
Providing therapeutic massage for general relaxation, pain management, injury rehabilitation and well-being. Appointment only.

Zen & Now Wellness Center
170 Flanders Road, Niantic
860-739-2625
zenandnowct.com
Join us for yoga, cycling and fitness classes. Open 7 days a week.

Food & Dining

The Black Sheep
247 Main Street, Niantic
860-739-2041
theblacksheepniantic.com
Irish bar and restaurant featuring a selection of both Irish and American cuisine served in a stylish environment.

Black Point Pizza
44 Black Point Road, Niantic
860-451-8444
blackpointpizza.com
Get to Black Point Pizza, your local neighborhood eatery.

Cafe SoL
346 Main Street, Niantic
860-739-2933
cafesolniantic.com
Open for breakfast and lunch everyday, serving coffee, sandwiches and salads.

Castello of Niantic
11 East Pattagansett Road, Niantic
860-451-8880
castelloofniantic.com
A local hidden gem that serves Italian dishes, thin-crust pizza, and craft cocktails & beer.

Charlie's Place
26 West Main Street, Niantic
860-739-2975
charliesplacerestaurant.com
A family-owned and operated restaurant serving lunch and dinner.

Dad's Restaurant of Niantic
147 Main Street, Niantic
860-739-2113
A 56-year shoreline seafood seasonal restaurant tradition.

Dev's on Main
255 Main Street, Niantic
860-451-8141
devsonmain.com
Mediterrasian and Asian fusion restaurant. Cool food, fun drinks and great vibes!

East Coast Taco
51 West Main Street, Niantic
860-739-8770
eastcoasttaco.com
Ma and Pa taqueria serving fresh Tex-Mex made to order. Dine-in (BYOB) or take out.

Family Pizza
233 Main Street, Niantic
860-739-0466
familypizzaniantic.com
Family owned & operated small business consistently providing fresh quality food to our community.

FISH
9 Methodist Street, Niantic
nianticfish.com
Fresh, local caught seafood including live lobsters, fish and shellfish.

Food & Dining

Five Churches by the Bay
215 Main Street, Niantic
860-850-2789
The coastal cousin of Five Churches Brewing, a bayside restaurant & taproom.

Flanders Donut & Bake Shop
327 Flanders Road, East Lyme
860-739-6320
flandersbakery.com
Over 50 years as a family tradition! Award-winning bakery serving donuts, bagels, pastries, breakfast sandwiches, coffee and more!

GG at Home
185 Main Street, Niantic
860-850-4049
ggathome.com
Offers scratch-made prepared meals, grab and go salads and sandwiches, extensive charcuterie offerings, and a lunch counter with wine and beer.

Giuliano's Bake Shop
284 Main Street, Niantic
860-739-5495
Hometown bakery serving bagels, muffins, pastries, MEGA Egg Sandwich and award-winning grinders.

Gumdrops & Lollipops
334 Main Street, Niantic
860-739-7800
gumdropsnlollipops.net
The sweetest shoppe in town! We make our own fudge, ice cream creamery, confections, candy and coastal decor. Located by Hole in the Wall.

Hartford Giant Grinder
8 Hope Street, Niantic
860-739-3181
hartfordgiantgrinder.com
A hole in the wall grinder shop serving the best chicken cutlets on the shoreline.

La Belle Aurore
75 Pennsylvania Avenue, Niantic
860-739-6767
labelleaurorect.com
Farm-to-table restaurant serving dinner Monday, Thursday through Saturday and Sunday Brunch.

La Llorona Progressive Mexican Cuisine
13 Hope Street, Niantic
860-850-4291 • lalloronact.com
Come and capture a memory with our little piece of Mexico right here in Niantic.

Lillian's Cafe
374 Main Street, Niantic
860-739-2233
lillianscafeniantic.com
American Bistro serving local, organic and gluten-free ingredients, raw bar and seasonal patio dining.

Main Street Grille
252 Main Street, Niantic
860-739-5300
mainstreetgrilleniantic.com
Family-friendly restaurant offering outdoor, indoor and bar seating with views of the bay.

Niantic Public House & Brewery
243 Main Street, Niantic
860-451-8205
nianticpublichouse.com
Come have a drink and hang out in the taproom where there are always 22 beers and two ciders on tap.

Scotts Meats & Deli
299 Flanders Road, East Lyme
860-739-9999
facebook.com/scottsmeatsanddeli
Butchershop, deli, grinders and prepared goods.

Sift Bake Shop Niantic
185 Main Street, Niantic
860-245-0541
siftbakeshopmystic.com
Sift is an award-winning family-owned, French focused bakery, also offering a full barista.

The Spice Club
239 Main Street, Niantic
860-451-8121
thespiceclubct.com
Located on the Niantic waterfront of Main Street, serving Thai and sushi cuisine.

T&B Provisions
28 Pennsylvania Avenue, Niantic
860-451-8014
Offers salads, sandwiches and delicious take home meals. Let's eat!

Village Cafe
190 Flanders Road, Niantic
860-739-3000
Cozy family breakfast and lunch spot with delicious homemade foods, pastries, coffees and more!

Vincitori Apizza
294 Main Street, Niantic
860-739-3136
vincitoriapizza.com
Gourmet pizza, fresh salads and appetizers; plus draft, beer and wine. Dine-in, take-out or delivery.

Zavala Mexican Bistro
135 Boston Post Road, East Lyme
860-691-1200
zavalamexicanbistro.com
Authentic Mexican cuisine and fresh squeezed Margaritas.

NIANTIC LIBERTY GREEN

Shopping

Anna Pearl's Curiosities
281 Main Street, Niantic
860-912-9635
annapcuriosities.etsy.com
An antique and vintage boutique specializing in jewelry, clothing decor and accessories.

Azalea
185 Main Street, Niantic
860-460-5838
azaleahomect.com
Boutique that carefully curates high-quality, timeless home decor and gifts.

Bayberries
32 Pennsylvania Ave, Niantic
860-739-2977
bayberriesfinegifts.com
Features coastal living apparel and unique decor items to give a finishing touch to your home.

Boats Inc.
133 Main Street, Niantic
860-739-6251
boatsinc.com
Established in 1959, Boats Incorporated is an award-winning boat dealership & marina.

Book Barn
(See Attractions)

Coastal Gifts on Main
266 Main Street, Niantic
860-451-8566
coastalcrabco.com
Your one-stop gift shop for comfortable apparel and coastal gifts. Official home of the lifestyle brand Coastal Crab Co.

Grace
46 Pennsylvania Avenue, Niantic
860-739-4333
shopatgrace.com
Coastal boutique that offers modern apparel, home, accessories and baby items. A breath of fresh air.

Gumdrops & Lollipops
(see Food & Dining)

J&B Tackle Co.
25 Smith Avenue, Niantic
860-739-7419
jbtackle.com
Your local bait and tackle shop with all the fishing equipment you need for saltwater fishing.

Knitty Gritty Yarn Girl
170 Flanders Road, Niantic
203-856-6755
knittygrittyyarngirl.com
A destination yarn shop serving knit, crochet and weaving enthusiasts.

Mermaid Liquors
159 Main Street, Niantic
860-739-2300
Grow some fins and come on in for a wide selection of beer, wine and spirits.

Past to Present Auctions
27 Hope Street, Niantic
860-941-5278
pasttopresentct.com
Consignments are welcomed whether you have single items or an entire estate.

Past to Present Antiques
260 Main Street, Niantic
860-449-3312
pasttopresentct.com
A unique vintage and antique shop featuring curated goods including antiques, vintage, garden, records, tools, houseware, decor and more.

Paw Print Pantry
170 Flanders Road, Niantic
860-739-7297
pawprintpantry.com
Premium, natural and holistic foods and supplies for all your pet's needs.

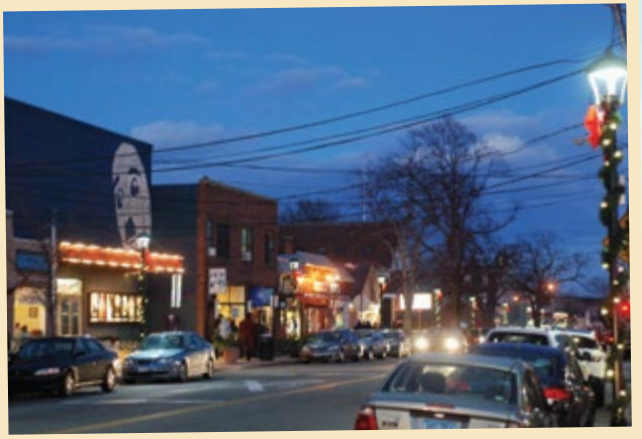
Pearls & Plaid
185 Main Street, Niantic
860-662-9630
shoppearlsandplaid.com
Everyday needs an outfit! Women's clothing and accessories. Two boutique locations in Old Saybrook & Niantic.

Smith's Acres
4 West Main Street, Niantic
860-691-0528
smithsacres.com
Family-owned garden center and farm stand.

Tumbleweeds Music & Boutique Shop
325 Main Street, Niantic
860-739-9018
tumbleweedsct.com
Family-owned and operated record shop and boho boutique. The funkiest shop in town.

Wild Birds Unlimited
190 Flanders Road, Niantic
860-739-7302
wbu.com/niantic
We offer a variety of bird foods, feeders, houses, baths, nature products and more.

For more shopping experiences, visit nianticmainstreet.org.



MAIN STREET DURING THE HOLIDAYS

Services

A-1 Auto Center
208 Flanders Road, Niantic
860-691-3090 • a1autollc.com
A family-owned community-oriented auto repair shop, in business for 19 years.

Chelsea Groton Bank
21 Pennsylvania Avenue, Niantic
860-448-4282
chelseagroton.com
Based in Groton, CT, Chelsea Groton Bank is a full-service mutually owned bank.

Dutch Point Credit Union
241 Main Street, Niantic
860-563-2617 • dutchpoint.org
A full-service financial institution conveniently located in downtown Niantic.

Maho Apparel
11 Freedom Way, Niantic
860-451-9025
mahoapparel.com
Offers custom screen printing, embroidery, laser engraving and promotional products.

Realtors

Century 21 Shutters + Sails
377 Main Street, Niantic
860-850-0560
c21shuttersandsails.com/the-niantic-office
Your southeastern CT premier real estate company on the shoreline.

Total Mortgage
85 Pennsylvania Avenue, Niantic • 860-917-5623
totalmortgage.com/locations/niantic
Making mortgages easier since 1997. Committed to providing Niantic and the surrounding towns with a one-of-a-kind customer service experience.

William Pitt Sotheby's International Realty
24 Pennsylvania Avenue, Niantic
860-322-2894
williampitt.com
Luxury real estate services for home buyers and sellers - both domestic and international.

Lodging

Inn at Harbor Hill Marina
60 Grand Street, Niantic
860-739-0331
innharborhill.com
Award-winning B&B overlooking the beautiful Long Island Sound.

Niantic KOA
271 West Main Street, Niantic
800-562-5893
koa.com/campgrounds/niantic
KOA Journey campgrounds are the perfect oases after a day on the road.

NIANTIC BAY BOARDWALK

One Town, Two Villages
Located halfway between New York and Boston, the town of East Lyme is comprised of two villages, Flanders to the north, and Niantic along the shoreline. Each has its distinct features, but together they form a vibrant town.

About Niantic
Niantic is the quintessential New England "seaside" village. From the local eateries and boutiques to the bayside boardwalk, this Mayberry-esque village may be small in size but is big in charm.

About Flanders
Flanders was the original center of East Lyme society with dozens of 18th-century homes, shops and public inns situated along the Boston Post Road until the early 1800s. The heart of the village is located at Flanders Four Corners at the intersection of Chesterfield Road (Route 161) and Boston Post Road (Route 1).

McCOOK POINT PARK

N
W
E
S
= Railway
1 mi
1 km
Public restrooms are open from 8am to sunset when weather allows.
In season: Must have beach pass for restrooms at McCook.
For detailed information on our parks, boardwalk & beaches, visit eltownhall.com.
161
Chesterfield Road
Upper Pattagansett
Flanders Four Corners
I-395
I-95
75
Boston Post Road
FLANDERS
74
1
Dean Rd.
Community Center
Senior Center
Library
Flanders Rd.
Society Rd.
WATERFORD
EAST LYME
73
Niantic River
161
I-95
NIANTIC
4 Mile River Rd.
Pennsylvania Ave.
Town Hall
CINI PARK
E. Pattagansett
Hope St.
Grand
156
72
71
Main Street
NIANTIC BAY BEACH & BOARDWALK
West Main Street
HOLE-IN-THE-WALL BEACH
McCOOK POINT PARK & BEACH
156
ROCKY NECK STATE PARK & BEACH
OLD LYME
Niantic Bay
DOWNTOWN NIANTIC
East Pattagansett
Hope St.
Methodist
Niantic Farmers Market
Pennsylvania Ave.
Grand St.
Smith Ave.
LIBERTY GREEN
Main Street
Main Street
Long Island Sound

Visit Niantic

The Shore & So Much More

Niantic is conveniently located less than an hour from Hartford, 1 hour from Providence, and 2 hours from either Boston or New York.

Driving Directions

FROM I-95 NORTH
Take Exit 74. Turn left for the village of Flanders or turn right for Niantic.

FROM I-95 SOUTH
Take Exit 72. Turn left for Niantic.

FROM SPRINGFIELD, MA / HARTFORD
Take I-91 South to Exit 22 South (Rt. 9 South ~ Middletown/ Old Saybrook). Follow Rt. 9 South to the very end. Take I-95 North toward New London/Providence. Take Exit 72. Turn left for the village of Niantic.

About Niantic Main Street

Niantic Main Street (NMS) is a 501c(3) not-for-profit, all volunteer, organization committed to promoting and enhancing downtown revitalization efforts in the East Lyme villages of Niantic and Flanders. We are members of state and national Main Street organizations.

Guide produced by Niantic Main Street. Photos courtesy of Niantic Main Street, East Lyme Parks & Recreation and Love & Pop Designs.

Niantic Main Street
EAST LYME CONNECTICUT

#NIANTICMAINSTREET